



**INTERCAMBIOIDIOMASONLINE**

**FCE: HEALTH**

[WWW.INTERCAMBIOIDIOMASONLINE.COM](http://WWW.INTERCAMBIOIDIOMASONLINE.COM) | Marc Andrew Huckle



# Intercambioidiomas

1. What are the advantages of taking good care of yourself?
2. Would you say that you need to lose or gain weight?
3. Does your family have a big influence on your health habits?
4. How does eating healthily help you to avoid getting ill?
5. Do you read magazines or articles to help stay healthy?
6. Is sleep important to stay healthy?
7. How often do you tend to get sick?
8. What is your opinion on aging and getting old?
9. What should people avoid to stay healthy? Alcohol, tobacco, drugs, sugar
10. Do you ever miss work/university/school because of illness?
11. Are you into going to the doctors when you are poorly?
12. Have you ever spent time in hospital?
13. Do you have a good appetite?
14. Would you say that you follow a healthy, balanced diet?
15. How do you deal with stress and how can being stressed effect your health?