



# Intercambioidiomas

## PRESENT TENSES

### Adverbs of frequency:

\*Be careful with word order. Between the subject and verb

**BE:** I am **always** tired when I finish work.

He isn't **usually** late for school.

**VERBS:** You **never** get up at 5:00 am.

We **almost never** make dinner for our parents.

ALWAYS

USUALLY/NORMALLY

OFTEN

SOMETIMES

ALMOST NEVER/HARDLY EVER

NEVER

### Time expressions:

\*Be careful with word order. Put the expression at the end

I am happy to go to work **every day**.

I am reading a good book **at the moment**.

EVERY + DAY/MONTH/YEAR

ONCE A + WEEK/MONTH/YEAR

TWICE A + WEEK/MONTH/YEAR

THREE TIMES A + WEEK/MONTH  
(ETC)

(NOT) VERY OFTEN

### The difference between everyday and every day.

Everyday = (adjective) It is an everyday activity.

Every day = (time expression) I go swimming every day



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## Grammar sheet

Fill in the gaps with the correct adverb of frequency or time expression (A or B):

1. I \_\_\_\_\_ wash up because I don't like it.
2. She \_\_\_\_\_ does plenty of work so we are very happy with her.
3. We \_\_\_\_\_ watch TV because they say it makes you stupid.
4. We \_\_\_\_\_ do the ironing because it is a waste of time.
5. He \_\_\_\_\_ surfs the internet at night.
6. She prepares the meals for her family \_\_\_\_\_.
7. I am \_\_\_\_\_ on time for work.
8. I eat chocolate for pudding \_\_\_\_\_.
9. You \_\_\_\_\_ make the bed because it is boring.
10. He \_\_\_\_\_ does his homework in the living room.

Choose the best option (A or B):

- |                     |                 |
|---------------------|-----------------|
| 1. A. hardly ever   | B. usually      |
| 2. A. usually       | B. sometimes    |
| 3. A. sometimes     | B. almost never |
| 4. A. always        | B. never        |
| 5. A. every day     | B. always       |
| 6. A. always        | B. every day    |
| 7. A. usually       | B. don't often  |
| 8. A. usually       | B. once a week  |
| 9. A. never         | B. sometimes    |
| 10. A. twice a week | B. usually      |



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## Answer sheet

1. A
2. A
3. B
4. B
5. B
6. B
7. A
8. B
9. A
10. B